

David Tuazon

Boys Instructor

Recreational Teacher

About Me:

I first came here as a friend of a coach here, Camille Castro. She was doing this dance routine and I was one of the people learning it. I played here and fell in love with this place. Years later I wanted to work at a gym because I let my girlish figure go, started playing with the kids and never wanted to stop since.

Why I Coach:

It's fun, fun, fun. And I learn patience and life lessons from every kid I meet. To plant seeds of small skills and routines into a child's ability and watch it blossom is more rewarding than any other farming I think. I want kids to know that life is magical and that if they try, nothing but good can come out of it in the end. When I'm chasing children with a stick it's fun and throwing them makes me feel like a giant throwing normal sized people that helps too.

Favorite Book: The Sirens of Titan by Kurt Vonnegut & The Catcher in the Rye.

Movie: Star Wars Empire Strikes Back, Death Wish 3, A Walk to Remember

TV Shows: Ninja Warrior, Seinfeld

Favorite Event to Do: Rings

Favorite Event to Coach: Floor

What I like about gymnastics: It's all about muscle and the single person, no one else to effect how good you do.

Something we didn't know about David: I'm an avid choirboy.

Education: Fairfield High School
ROP Technical Program for HVAC

Certifications: USAG Safety Certified
Has attended USAG Regional Congress
First Aid and CPR Certified

David's Quote:

Remember kids, most people that judge a book by it's cover are people that can't read.