

Brenda J. Clemons

Level 4 Team Coach

Nick Name: Coach Brenda

Tell us about yourself:

I'm married and have 2 children, boy and girl. I have been coaching for 4 years and love having the girls excited about competing.

Why do you do teach gymnastics?

The girls keep me young and strong. I get so excited when they finally get it.

Personal:

Favorite Book: Anne Frank

Favorite Subject in school: Sweing/Math

Favorite TV Shows: Lost

Favorite Song: Born To Be Wild

Favorite Color: Yellow

Favorite Athlete: Churck Riddell

Favorite Food: Watermelon

Favorite Event: Beam

Favorite things to do outside of the gym: Gardening and Hot Tubing.

Anything else you want us to know about you:

I like rock and roll and good wine.

Favorite Quote:

Do it anyway!

Something we didn't know about you is:

I was a gym mom first and never did gymnastics but I can coach it.

Future Goals:

Retire and live a wonderful peaceful life.

Education:

USA Air Force – 4 years

Certifications:

USAG Professional Member

USAG National Safety Certified

First Aid and CPR Certified